



High Definition

High definition (HD) gives you up to five times more picture detail than standard TV meaning deeper, richer, more lifelike pictures, plus stunning surround sound that puts you at the centre of the action.

freesat gives you an HD service for free, so you can watch HD programmes from the BBC and ITV. All you need is a freesat HD digital box connected to an HD Ready TV.

On-Screen Programme Guide: make the most of your choice

freesat gives you over 140 digital TV and radio channels - all for free. To help you make the most of this choice we've organised our channels into easy to use categories with the 8-day on-screen programme guide. So with freesat you can find exactly what you want at the press of a button, and you can set up your favourites so they're easy to find in future.

Red Button: to see things your way

By pressing the red button on your freesat remote, you'll have far more choice about what you want to watch. You'll have access to the latest goings on in local, national and world news, live sport results, weather and more.

The freesat Sport Multiscreen allows you to choose between a number of different sport video and text options. There are up to six screens to choose between for sporting events such as the 2008 Beijing Olympic games, Six Nations and Wimbledon 2009, and the service is available 24 hours a day, allowing you to watch what you want, when you want.

Outside major sporting events, the Sport Multiscreen shows Sport news and catch-up in video. You can access the Sport Multiscreen at any time by pressing the red button on your remote.